

What is Pathways?



Pathways to Success is a team-based, strengths-focused program for individuals with complex behavioral health needs. Families will be assigned a Care Coordinator to help guide the process and gather helpful resources for the client & family.

What are the Benefits?



- A unique array of services are available to families enrolled in Pathways:
 - Family Peer Support
 - Therapeutic Mentoring
 - Funding for Individual & Therapeutic Support Services.
- The Care Coordinator will assist the family in forming a team trusted people designed to help the family get what they need and navigate the system to support a child & family's mental health.
- The voice of the youth and family is most important in every step.
- The focus is on helping the whole family thrive!

What is the Family's Role?



To get the most out of Pathways, we encourage families to participate by:

- Getting to know your Care Coordinator.
- Responding to communication from the team so we can give ongoing support.
- Sharing meeting preferences so the team can schedule around your family's availability.
- Attending appointments with other service providers.

Contact Us



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Pathways to Success

A FREE, family-driven,
team-based, strengths-
focused Wraparound
program for youth with
mental & behavioral
health needs



HFS
Illinois Department of
Healthcare and Family Services



Steps on the road to Success in Pathways

What determines Eligibility?



To be eligible for Pathways, youth must:

- Be under 21 years old
- Be an Illinois resident
- Be enrolled in Medicaid
- Have mental & behavioral health needs identified by the IM+CANS Assessment

What are the Tiers of Care?



Tier One - High Fidelity Wraparound

- Child & Family Team meets every 30 days to collaborate on goals
- Care Coordinator supports the family with weekly check-ins in the form of 2 in-person and 2 phone contacts monthly
- IM+CANS updated every 30 days to better track progress and continued needs

Tier Two - Intensive Care Coordination

- Child & Family Team meets every 60 days to collaborate on goals
- Care Coordinator supports the family with weekly check-ins in the form of 1 in-person and 3 phone contacts monthly
- IM+CANS updated every 60 days to better track progress and continued needs

START

A behavioral health assessment, called the IM+CANS, determines eligibility as it's completed by your treatment provider.

DEVELOP

Get to know your Care Coordinator, & let them walk you through the process of discovering what can help your family.

TEAM

Bring treatment providers, helpful school staff, along with trusted family & friends together to create a cohesive Individualized plan that works for your family.

ACHIEVE

As milestones are achieved, the team will assist in building a transition plan.

1

2

3

4

5

6

7

8

ENROLL

Meet your Care Coordinator, learn how Pathways can help, & decide if it's a good fit for your family.

LEARN

The Care Coordinator learns about your family's strengths, needs, and beliefs so assistance is customized.

PLAN

The team will help implement the plan, tracking progress, & finding resources. Care Coordinators provide ongoing support through weekly check-ins.

EMPOWER

The team will celebrate achievements and help empower you with ongoing supports after Pathways.

What are the Services?



Care Coordination

- A Care Coordinator will serve as the family's guide and first point of contact
- Care Coordinators will help the family develop a safety plan, identify a family vision & goals, facilitate Child & Family Team meetings, and implement an individualized plan of care

Family Peer Support

- Caregivers receive compassionate support from another caregiver with lived experience. Having familiarity with like circumstances, this support is uniquely helpful as you navigate change in your family's journey.

Therapeutic Mentoring

- Your child and a trained mentor work one-on-one in the home or community to develop skills that you and your family choose.

Individual & Therapeutic Support Services

- Activities, services & goods that support health & wellness for the family (music lessons, art supplies, sports/rec, therapy tools, weighted blankets, fidgets, etc.)
- Specialized therapy methods & services for the family (art, dance, music, or equine therapy).



Additional services to be added in the future!