



**Family
Service
Association**
OF GREATER ELGIN



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Annual Report FY2024

Agency Mission

Family Service Association of Greater Elgin Area (FSA) is dedicated to quality, accessible, holistic, equitable and client-centered behavioral health services

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CEO Letter

Dear FSA Community,

As I celebrate my first year as CEO of Family Service Association of Greater Elgin Area (FSA), I am deeply grateful for the opportunity to lead this remarkable organization. This year has been one of growth, reflection, and renewed dedication to our mission of improving lives through quality mental health services.

To our stakeholders, supporters, and donors: thank you. Your unwavering commitment empowers us to expand services and innovate solutions for the individuals and families we serve.

Together, we are making a meaningful impact in the lives of those who rely on us.

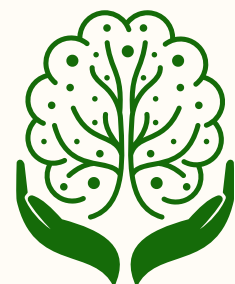
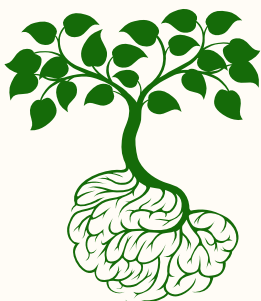
Over the past year, FSA has advanced its focus on improving client outcomes. We've strengthened our child and adolescent services, expanded crisis intervention support, and increased staff training to address the growing complexities faced by families. Our team's passion and dedication inspire me daily, and their work continues to make FSA a beacon of hope and healing in our community.

Looking ahead, we are committed to excellence through collaboration, innovation, and a holistic approach to care.

Together, we will ensure FSA remains a cornerstone of accessible and equitable mental health services in our region.

Thank you for your trust and support as we build a brighter future, together!

Janeth Barba, LCSW
Chief Executive Officer



Pathways to Success (CCSO) & Family Support Program (FSP)

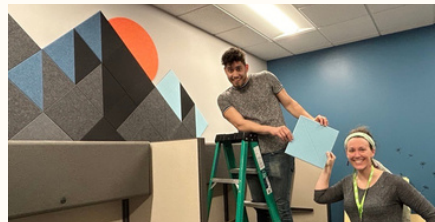
CCSO Team Stats:

- Hired: 14 Care Coordinators
- Client contact hours: 3,473
- Child & Family Team Meetings: 315 meetings
- Outreach: 2623 events
- Enrolled: 88 youth & families



Initiated the WRAT (Wraparound Resource Advisory Team) in Nov 2023 with the purpose of:

- Building education/awareness around Pathways programming in Kane and Dekalb County.
- Supporting the implementation of Wraparound
- Providing feedback on implementation of Pathways programming at FSA
- Sharing and maximizing community resources to support families
- Developing potential mentorship for Child and Family Team Meetings
- Building a sustainable local network
- Meeting as a committee to mobilize Community Support



FSP Team Stats:

- Team expanded to 3 FSP Coordinators
- Number of Clients- 64 (twice the size of FY23)
- 574 Case Management Hours
- 124 Case Participation Hours with Pathways clients
- Kane/DeKalb-56
- Kendall- 8 (new DSA scheduled for fall)



Outpatient Therapy (OP) & Community Mentor Program (CMP)

Therapists provided a total of 4,355 hours of service to 333 clients and families in the last fiscal year

The Outpatient Therapy Team, facilitated 5 different therapy groups

- Artful Regulation for both adolescents and adults
- Origami Workshop
- And in collaboration with School Based Mental Health, 2 Compassionate Connections Parenting Group (in both English and Spanish)
- Supported the professional development of 2 Master's Level Interns



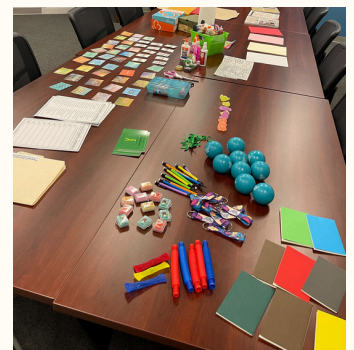
Introduced complimentary care options to provide more holistic care through the 515 Legislative Add On

- Trauma Informed Yoga
- Vibrational Sound Therapy
- Reiki and other energy work
- CBT group in partnership with Simplifying Therapy

In April 2024, started utilizing Greenspace, a measurement based care system, to help clinicians and clients monitor outcomes and increase engagement between clinicians and clients.



- A total of 830 hours were spent building and practicing therapeutic skills, and establishing natural supports in the community with clients.
- 29 clients and families served in their home and communities.
- The Community Mentoring Program facilitated 10 different therapeutic groups and workshops
 - Groups included: Anger Management Skills, Changes and Transitions Group, Monthly Game Groups, Art Therapy Skills (for both adolescent and adults), Job Skills Group, Financial Literacy Group, and a Confidence Building Group
- Supported the professional development of 3 Bachelor's Level Interns
- Supported skill building in locations like: client homes, local libraries, recreation centers, stores and other community organizations like food pantries, and animal shelters





School-Based Mental Health Program (SBMH)

In the last fiscal year, FSA's School Based Mental Health Program wrapped up its 2 yearlong Community Partnership Grant, awarded through the American Rescue Plan and supported by Illinois State Board of Education (ISBE). With goals of integrating student wellness, expanding learning time and opportunities and engaging our parents, guardians, school community through a collaborative leadership approach.

Through this grant, and the working relationship with District 300 FSA was successful in addressing, social-emotional learning during the school day, increasing access to mental health services, and continuing to support the staff from our partnering schools (Lakewood Elementary, Golfview Elementary, Carpentersville Middle School, Dundee Middle School, Dundee Crown High School, and Jacobs High School).

During the following 2 years, 339 students were offered FSA services, through individualized therapy session during the school day, family therapy sessions, professional consultations with school support staff, enrichment activities with hand on learning with our Community Mentoring Program, Group Therapy sessions during the school day, and addressing out of school barriers through our attendance intervention services.

This past fiscal year, school based mental health therapist provided a total of 1, 877 hours of service to 92 students and their families. These hours of services were mostly conducted in during the school day, during non-academic periods or lunch, or after school in various locations such as student's homes, libraries, and other community locations.





School-Based Mental Health Program (SBMH) Cont...

Our Group Specialist facilitated 8 social emotional groups during the school day focusing on the following skill development: anger management; self-regulation, executive functioning, and fostering healthy relationships with peers.

In addition, 3 Parent Psychoeducation on Supporting Your Student's Mental Health were provided to the schools within the district.

Lastly, through our Attendance Intervention support services, 35 students were served with the goal of returning to the school building, or pursuing other paths for credit recovery. Our staff attended 8 Attendance Meetings, and continued it's Summer Social to promote engagement during the summer months. During these weekly socials, community partners were asked to come and interact with the students, with the intention of building positive relationships between student and the community. Community businesses, and Park Districts provided incentives for students who attends. These included movie passes, pool passes, coffee, and popsicles. In addition to building relationships staff also provided psychoeducation on barriers impacting students in school; such as anxiety, routines, and developing back to school plans.





Psych Services & Crisis Intervention Unit (CIU)

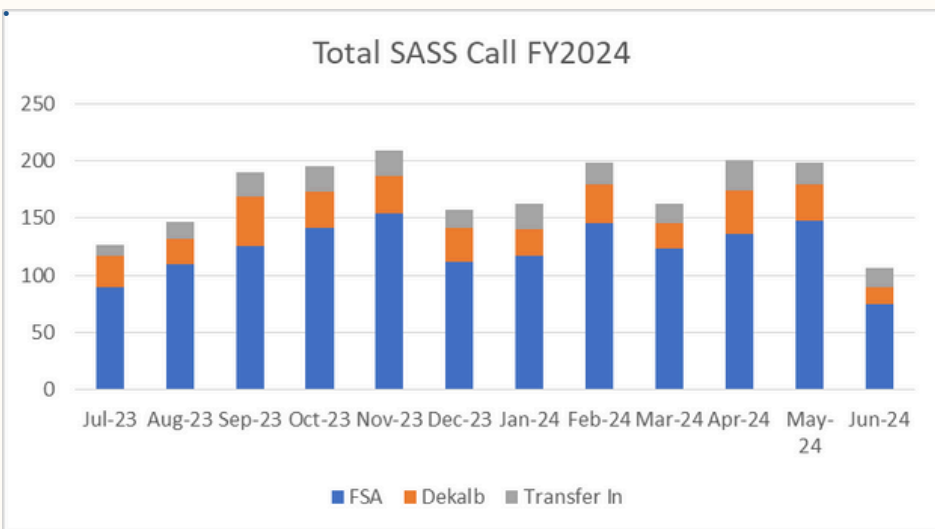
- Psych Services
 - 81% of appointments were attended
 - 93 Psychiatric Evaluations
 - 834 Follow-Up Psychiatric Appointments
- CIU
 - New office space with ribbon cutting on 05/28/2024 and recognition from Mayor Richard Irvin for Mental Health Awareness Month
 - 1,179 calls for mental health-related calls
 - CIU makes approximately 100 phone follow-up calls a month



Crisis Services & Mental Health Juvenile Justice (MHJJ)

SASS

- The SASS program completed 1,477 mobile crisis response assessments for Kane and Kendall County. FSA crisis services program also followed up on 349 referrals from Dekalb County and 228 referrals of clients who were transferred back to FSA after being assessed in another county.
- Engagement Specialists co-responded to 576 SASS crisis calls.
- FSA received 100% on uploading assessment documentation as requested by HFS.



Crisis Stabilization:

13 referrals in FY24



WALK-INS	PHONE/VIDEO RESPONSE	IN-PERSON RESPONSE	IN-PERSON W/ CO-RESPONSE
30	16	16	14 88%

MHJJ

- FSA began providing PREA services for the Kane County Detention Center.
- 18 referrals in FY24.

590 Crisis Cares

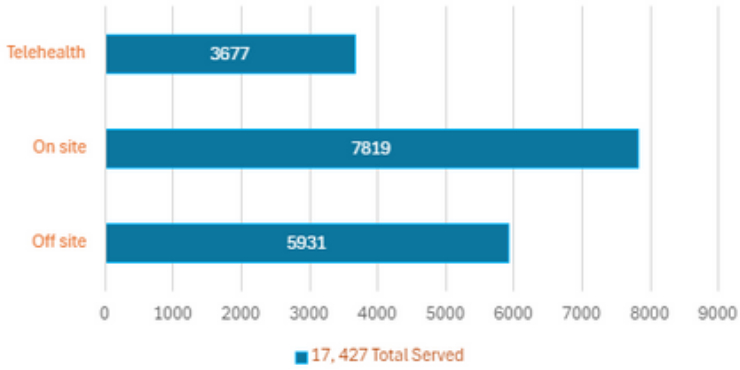
- Participated in 3 National Night Outs with our local police department partners.



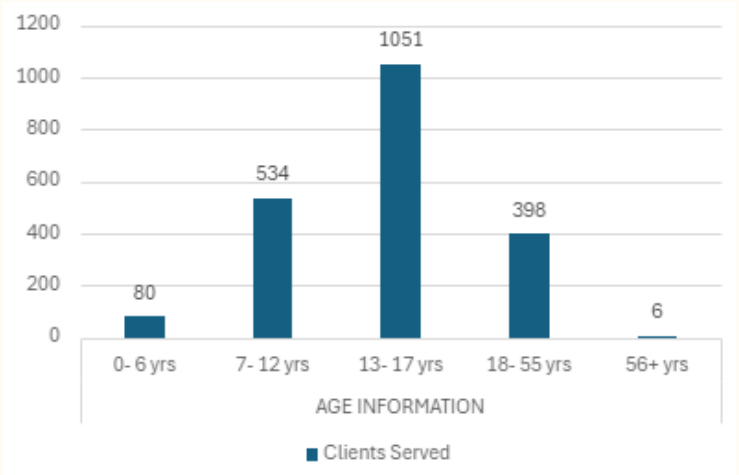
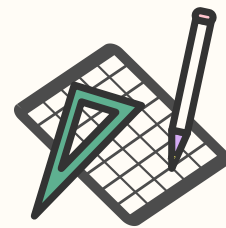
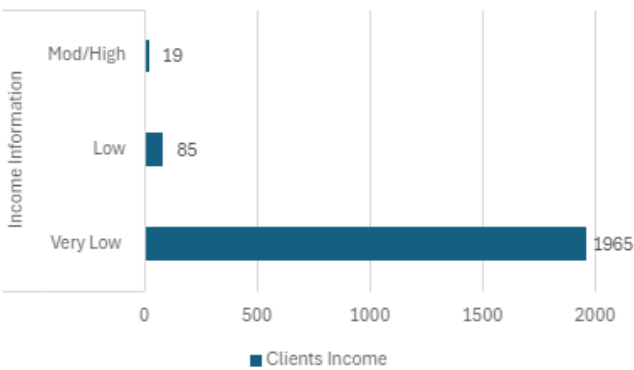
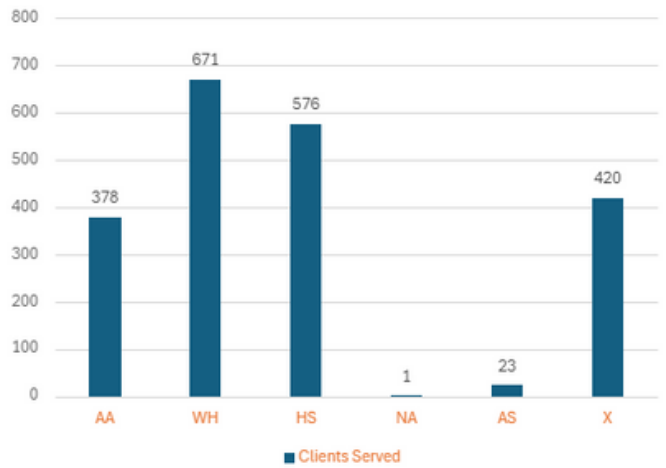


Data Charts for Demographics

Locations of Service

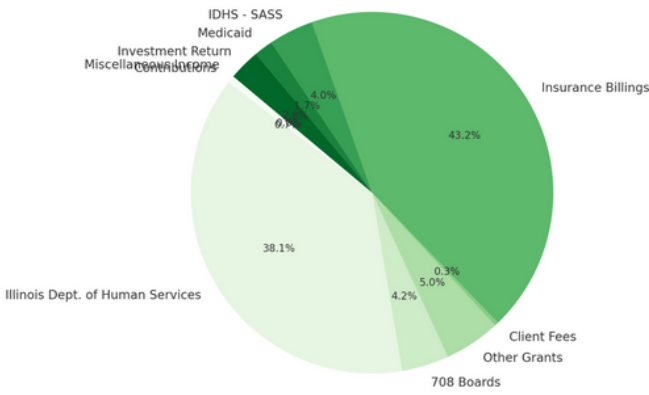


Race/Ethnic Info

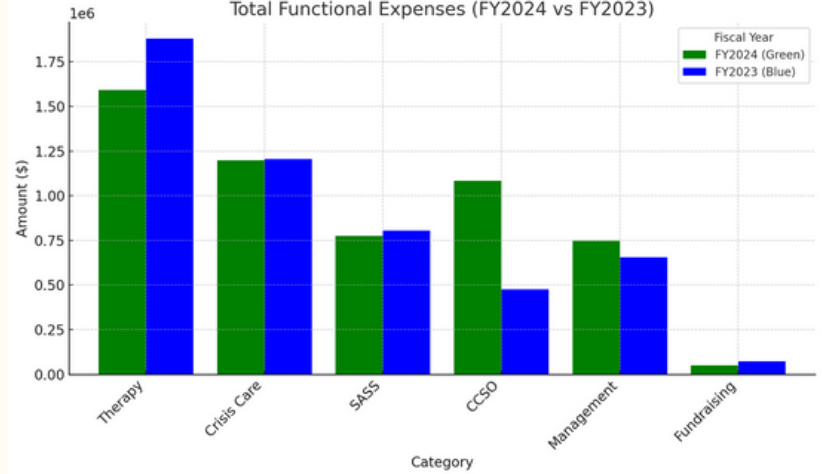


Quick Stats & Revenue

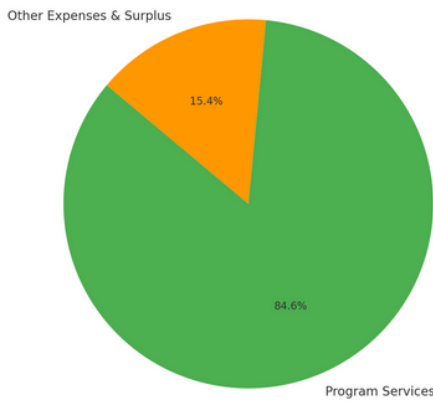
Funding Sources Breakdown (FY2024)



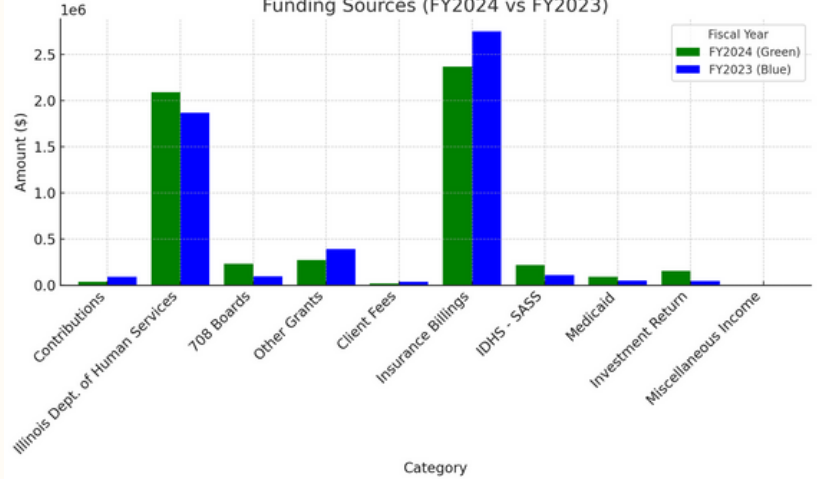
Total Functional Expenses (FY2024 vs FY2023)



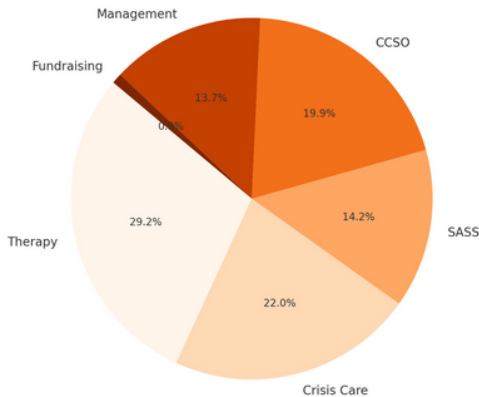
Revenue Allocation to Program Services (FY2024)



Funding Sources (FY2024 vs FY2023)



Functional Expenses Breakdown (FY2024)



Total Clients Served
2,568
individuals & family

Our non-profit goal is 80% and we are at about 85% of our revenue going back into programs



Total Hours of Service Provided
11,233



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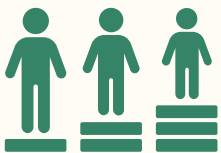
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Equity Work

The FSA's Equity Committee prioritizes raising awareness and providing educational opportunities to enhance our staff's skills in cultural competence and cultural humility. We utilize the Intercultural Development Inventory (IDI), a valuable tool that assesses intercultural competence—helping individuals shift their cultural perspectives and adapt their behaviors to recognize both differences and commonalities. This process fosters a deeper understanding of how our diverse backgrounds can unite us.

In the past fiscal year, we've organized a series of impactful equity conversations, including events for Black History Month and a Grateful November Potluck, where FSA staff shared dishes from their childhoods and expressed gratitude. Additionally, we participated in Elgin's 2nd Annual Pride Parade and hosted sessions on Navigating DEI Resistance and Racial Healing.

FSA remains committed to facilitating discussions on equity-related topics through our internal communication portal, ensuring ongoing engagement and learning.





Governing Board

Thanks to our Governing Board for serving the agency. Thank you for bringing your passion, intellect, insight, experience, and resources to the table. Thank you for giving us the tools to serve our clients, lead our organization, and impact change in our community.

Katelyn Mucci-Segura, President

Amanda Rankin, Vice President

Edward Hunter, Treasurer

Tish Calhamer, Secretary

Julisa Alonso

Mark Rizzo

Dave Rock

JoAnn Stingley

Tony Rigano

Suzann Jonson

Lauren Duddles

Claudia Serrano

Janeth Barba, Chief Executive Officer (CEO)

Tameron Keefe, Chief Clinical Officer (CCO)

Mansi Patel, Chief Operations Officer (COO)

thank you

++ Donor Appreciation

Family Service Association of Greater Elgin Area is dedicated to quality, accessible, client-centered, equitable, and holistic behavioral health services.

“Regardless of whether you donated \$1 or \$1 million to Family Services Associations in 2024, please know that those we serve deeply appreciated your generosity because it made a difference in their lives. A special thanks to the following donors for their 2024 generosity.”

Katie Von Almen, Judith Anderson, Ilene Arroyo, Michael Auwerda, Frances Baker, Steve Baustian, Angela Briggs, Justin Budd, Scott and Pam Budd, Tatiana Calhamer, Christina Castro, Allison Cherkinian, Pinky Chester, Raquel Doyle, Donor Club of Elgin, Quintanar Family, Dan Fox, Darley and Jaime Giraldo, Emma Hazel, Edward Hunter, Lauderdale Electric, Inc., Anthony James, Suzann Gonzales Jonson, Mayor Dave Kaptain and Sandra Kaptain, Kathleen Krajniak, Hannah Kavanaugh, Steven LaForge, Bryn Lawler, Fill Eat Repeat LLC, IHC Construction Companies LLC, The Real Katelyn Mucci LLC, Melanie Long, Miriam Lytle, Karen Maki, Maureen Manning, Norma Martinez, Norma Martinez, Isabel McGuinnis, Eileen McNamee, David Mullins, Clarissa Murphy, Kathleen Nailor, Mark Digital Nelson, Cheryl Niemo, Mary Olen, Stephanie O'Malley, Mansi Patel, Panna Patel, Estrella Ramirez, J Ramirez, Stephanie Ramos, Amanda Rankin, Steven and Betty Rauschenberger, Rachel Reyes, Mark Rizzo, Stacie Rohlwing, Elizabeth Sales, Jarett Sanchez, Jennifer Saylor, Stephanie Schmidt, Claudia Serrano, TriCity Family Services, Rhett and Wyatt Shull, Shannon Smith, Ignacio Solorzano, David Stahlmann, Mattie Stearns, Jo Ann Stingley, Valerie Price Swan, Realm of Tech, Eliseo Vasquez, Leticia Vasquez, Adam Velez, Stephanie White, Laura Zambrano

Our programs were supported by Grants from the following:

Hanover Township Mental Health Board
Elgin Township
Seigle Family Foundation
Dundee Township Mental Health Board
Grand Victoria Foundation
Department of Mental Health
Community Foundation of Fox River Valley
Illinois State Board of Education
Kiwanis Club of Elgin



In Kind Support Provided by:

Gail Borden Library
City of Aurora
District 300

May Mental Health Awareness 5k

UPCOMING DATE:
MAY 17TH, 2025

We are excited to talk about this event presented for our community to bring awareness to mental health and engage in advocacy to eradicate stigma. Our goal is to strengthen individuals and families so that they can meet the challenges of modern life in positive and constructive ways. We believe that events such as our run/walk gives us the opportunity to engage with our community and create lasting impacts of having conversations, encouraging help-seeking, and building relationships with the people we serve. Our goals were to make this event memorable and fun and ultimately to continue to strengthen our efforts to support our community. FSA hopes you can join us every year in May as we continue to advocate for Mental Health and support our community's needs. We hope you'll join us next year!



PARTICIPATE IN: CHILDREN'S 100 METER DASH, T-SHIRT SALES, FACE PAINTING, ETC...



Shout out to our
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